

March 9, 2018



The Bear Facts

Franklin Elementary School

1501 Figuers Drive
Franklin TN 37064

615-794-1187 phone
615-591-2800 fax www.fssd.org/FESweb

Follow us on Twitter! @fssdFES

Dr. David Esslinger, Principal
Anne Riley, Assistant Principal

Important Numbers

Front Office 615-794-1187
FES MAC 615-591-2813
Sandra Deal (Nurse) 615-472-3808
Catherine Dumke (Cafeteria) 615-472-3866



Mark Your Calendars

March

- 12 - FSSD School Board Meeting at 6:30 pm JES
- 15 - Donuts with Dad 7:45 am
- 15 - PTO Meeting
- 16 - Report Cards
- 20 - Fine Arts Night 6-7:30 pm
- 22 - Zoo 1st
- 23 - Early Dismissal 12:30 pm
- 26-30 Spring Break

March Staff Birthdays

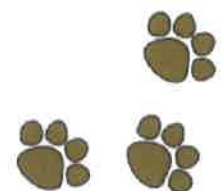


- McMahan - 14
- Carter - 20
- Servais - 30

Happy Birthday

In This Issue

- Coordinated Health News
- Fine Arts Night
- Counselors Corner
- Breakfast Time! FES Student Health Club
- Voluntary Pre-K Program
- Menus
- Walk Across Williamson Log



TCAP Testing Schedule for FSSD 3rd-4th Grades
April 16—May 4, 2018

April 17, Tuesday ELA, Part 1 (writing) – (80 minutes)
April 18, 19, 20 Make-ups for ELA, Part 1 (if needed)

April 26, Thursday ELA, Part 2 (43-45 minutes)
Science (50 minutes)

April 27, Friday ELA, Part 3 (43-45 minutes)
Social Studies (50 minutes)

April 30, Monday ELA, Part 4 (50-52 minutes)
Math, Part 1 (45 minutes)

May 1, Tuesday Math, Part 2 (30 minutes)
Math, Part 3 (40 minutes)

May 2-3, Wed-Thursday Make-ups*

Box Top Results

by Cheryl Kidd, PTO

Congratulations to the leading box top collecting classrooms for turning in the most box tops!

McMahan- 1,467

Wooten- 541

Womble- 456

Carter- 285

Miller- 204

Lovell- 107

Parks- 78

Simpson- 50

Genaro-50

Potts- 42



Grand Total- 3,305 (\$330.50)

Coordinated School Health News

by Lisa Chapman, Coordinated School Health

March is a busy month for Coordinated School Health. Everyone is invited to the FSSD Health and Safety Fair this Saturday March 10th, 9am-12 Noon at Freedom Middle School. This is a free event with door prizes, health and community services vendors and student performances. The FES Jump Rope Team will perform at 9:20 am. Please come out and support us!



Walk Across Williamson started on the 1st and continues all month. This initiative is based on the idea that 60 minutes of physical activity each day equals walking across the distance of Williamson County in one month. Students, family members and staff can participate and activity logs are available through our PE teachers. Mini grants are awarded to the FSSD schools with the highest participation. The celebration walk along with a free 1 mile walk/run and 5k will be held at Harlinsdale Farm Sunday, April 8th, at 2 pm. Activity log is included at the end of this newsletter.

The FES Student Health Council met in February. Health Educator Bree Cecil from the WC Health Department presented a lesson and activity on heart health. The next FES Student Health Council meeting at MAC is scheduled for March 21.

Notes from the School Nurse

by Sandra Deal, School Nurse

March is National Nutrition Month!

Go to chosemyplate.gov for some great tips on healthy eating for children and adults alike! There are also links for fun activity pages for kids!



Counselor's Corner

by Andrea Gillette, School Counselor

Happy Friday! I hope you and your family had a nice week! The character word for the month of March is trustworthiness.

Trustworthiness is speaking the truth even if it gets you in trouble. The kindergarten, third, and fourth grade students came to my class this week.

The kindergarten students learned about trustworthiness. The third and fourth grade students started a unit on personal safety with strangers, assertiveness, and safe/unsafe touches using the Safe at Last program. The first and second grade students will come to my class next week and will learn about trustworthiness.

If you have questions or concerns, please contact me at 615-794-1187.



Fine Arts Night

by Jennifer Alvarado, Art and Patrick Bourn, Music

March 20th from 6:00-7:30 p.m

Grade level Informance Concerts, an Art Show throughout our main hallway, and an art activity you can create with your family! Each grade level's concert will last approximately 10 minutes. The concerts will be performed in the First Grade Commons area at the following times:

K: 6:00-6:10

1st: 6:20-6:30

2nd: 6:40-6:50

3rd: 7:00-7:10

4th: 7:20-7:30



Please be at your grade's concert five minutes before your grade's concert begins. You do not need to dress up for this event. Thank you for your time and we look forward to seeing Tuesday, March 20th as we share a portion of what your students have worked throughout the year.

Breakfast Time!

Created by the FES Student Health Club:

Chase Bishop, Jackson Brockman, Averie Dilworth, Nathan Hillman, Angelica Jimenez, Gabby Martinez-Barrera, Madyson Riles, and Ava Slate

Smoothie of the Month

*1/2 an apple or 1 whole apple
 3/4 milk
 1 big spoonful of oatmeal*

(It's not sweet but it's healthy)



Unhealthy vs. Healthy Cereals

Healthy	Unhealthy
Corn Flakes	Trix
Cheerios	Cinnamon Toast Crunch
Raisin Bran	Frosted Flakes
Shredded Wheat	Lucky Charms

Healthy Breakfasts

Do you like to eat breakfast? Do you choose healthy food over junk food, or junk food over healthy food? If you're like me you like a lot of junk food for breakfast like donuts or cinnamon rolls.

There are times when you can eat some unhealthy foods but not all the time. But if you're interested in eating healthier here are some breakfast foods that will make your breakfast even healthier. One healthy choice is oatmeal because it can have fruit in it which is very healthy and plain oatmeal is healthy too. Another healthy choice is healthy smoothies like peach and raspberry smoothie or pineapple smoothie.

You could also have fruit salad - you could add cantaloupe, pineapples, blueberries, apples, and oranges. Hard boiled eggs are also healthy and easy to make you boil them like the name and then take them out and let them cool off and you can eat! Whole grain muffins, regular, fruit, or nut, are also a healthy choice that you could try.



**Stay away from sugar-filled cereals!!



Voluntary Pre-K Program 2018-2019

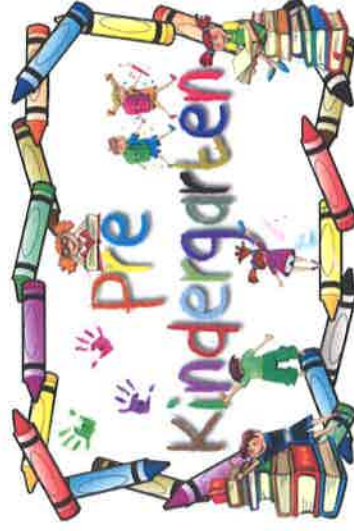


Voluntary Pre-K is a state funded program for families who meet income qualifying guidelines

Families who have children who were born on or between August 16, 2013 and August 15, 2014 are eligible to apply

Classes meet Monday-Friday in FSSD schools.

Parents provide transportation.



For application information call: 615 591-2802



FSSD VOLUNTARY PRE-K INFORMATION FOR THE 2018-2019 SCHOOL YEAR

What is the Franklin Special School District/State of Tennessee Voluntary Pre-K Program? Voluntary Pre-K provides a high quality educational program through an active learning approach. Young children learn skills at their own level in ways meaningful to them. A holistic approach to Kindergarten readiness prepares children socially, mentally, emotionally, and physically. If you walk into a Pre-K classroom you may see children playing house, putting on a puppet show, or building a miniature town with blocks and little people. Experienced, knowledgeable, understanding teachers and staff guide students through music, stories, songs, and play. All of these fun activities help children develop academic and social skills as they play.

Your child may qualify for Voluntary Pre-K during the 2018-2019 school year.

To be eligible children must have been born on or between August 16, 2013 and August 15, 2014, live in The Franklin Special School District, and qualify in one of several ways.

The Tennessee Department of Education Office of Early Learning requires school districts to first serve students who are economically disadvantaged. Space permitting, students may be served who have disabilities, are identified as English Language Learners, are in state custody, or are identified as educationally at-risk for failure due to circumstances of abuse or neglect.

Children attend Voluntary Pre-Kindergarten Monday through Friday for a six hour day. Each class is limited to 16 children working with a teacher and paraprofessional. The program is free of charge although parents are required to provide transportation.

For more information call any FSSD Elementary School or Lee Kirkpatrick at (615) 591-2802 and ask to be placed on the list to receive application materials. Applications will be mailed to families requesting information no later than February 23. .

Voluntary Pre-K has proven to be a valuable element in Franklin Special School District's commitment to provide excellence in teaching and learning for all. If you have questions please contact:

Dr. Lee Kirkpatrick
Student Support Services Supervisor
Franklin Special School District
1406 Cannon Street
Franklin, TN 37064
(615) 591-2802



Programa Voluntario de Pre-Kinder



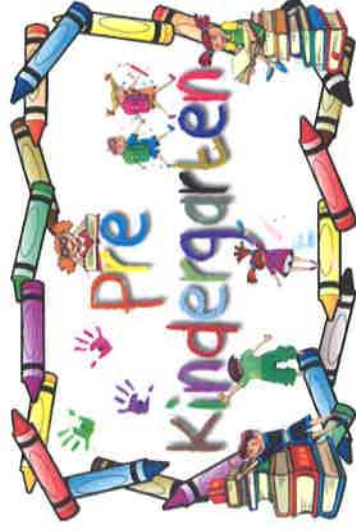
2018-2019

El Pre-Kínder Voluntario es un programa financiado por el estado para familias que califican bajo las guías de ingreso.

Familias con niños que nacieron entre el 16 de Agosto, 2013 y el 15 de Agosto, 2014 pueden pedir una solicitud.

Clases de lunes a viernes en las escuelas de FSSD.

Los padres proporcionan la transportación.



Para solicitar información: 615 591-2802

En español: 615 472-3126



INFORMACIÓN DEL PRE-KINDER DE FSSD PARA EL AÑO ESCOLAR 2018-2019

¿De qué se trata el Programa Voluntario de Pre-Kínder del Distrito Escolar Especial de Franklin y el Estado de Tennessee? Pre-Kínder provee un programa educativo de alta calidad a través de un aprendizaje activo. Los niños pequeños aprenden habilidades a su nivel en una manera que es significativa para ellos. Ayudamos a los niños a prepararse para el kínder en el aspecto social, mental, emocional y físico. Si usted entra a un salón de Pre-Kínder puede ser que vea niños jugando a las casitas, poniendo una obra de marionetas, o edificando un pueblo en miniatura hecho de bloques y pequeños habitantes. Maestros y personal con experiencia, conocimiento, y compasión los guían a través de la música, cuentos, canciones, y juegos. Todas estas actividades divertidas ayudan a los niños a desarrollar habilidades académicas y sociales mientras juegan.

Su niño pudiese ser elegible para Pre-Kínder del año escolar 2018-2019. Para ser elegibles, los niños deben haber nacido entre el 16 de agosto, 2013 y el 15 de agosto, 2014, vivir en la zona escolar del Distrito Escolar Especial de Franklin y **calificar de una de varias formas.** La Oficina de Aprendizaje Temprano del Departamento de Educación de Tennessee requiere que los distritos escolares sirvan primero a estudiantes con desventajas económicas. Luego se sirven a los estudiantes con discapacidades, identificados como Aprendices del Idioma Inglés, en custodia del estado, o que sean identificados en riesgo de fracasar en su educación debido a circunstancias de abuso o negligencia.

Los niños asisten al Pre-Kínder de lunes a viernes, comenzando por la mañana y terminando temprano en la tarde.

Cada salón está limitado a 16 niños que trabajan con un maestro y un asistente. El programa es libre de costo. Para más información, llame a Lee Kirkpatrick al 615 591-2802 o a Marlene Vergara 615 472-3126 o cualquier escuela primaria de FSSD y pida que se le anote en el listado para recibir material de solicitud. Estas solicitudes serán enviadas por correo a las familias que lo han requerido a mas tardar el 23 de febrero.

El Pre-Kínder ha mostrado ser un elemento valioso en el compromiso del Distrito Escolar Especial de Franklin para satisfacer las necesidades de cada niño.
Preguntas sobre el Programa de Pre-Kínder Voluntario en FSSD son bienvenidas.

Este programa les ha dado a muchos niños una oportunidad temprana para tener éxito.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Cheese Omelet Chicken Patty Sausage Patty French Toast Sticks Spinach Salad Emoji Potatoes Assorted Fruit Biscuit	Cheese Pizza Meatloaf Pepperoni Pizza Broccoli Fresh Steamed Corn Assorted Fruit Macaroni & Cheese Whole Wheat Roll
			8	9
5 Bosco Sticks with Marinara Sauce Chicken Sandwich Orange Glazed Carrots Assorted Fruit Tater Tots	6 Walking Taco Lettuce, Tomato and Cheese Pinto Beans Assorted Fruit Salsa	7 Baked Chicken Chicken Smackers Green Beans Mashed Potatoes Assorted Fruit Whole Wheat Roll	Cheese Omelet Chicken Patty Pancakes Sausage Patty Romaine Tossed Salad Assorted Fruit Hash-browns Biscuit	Cheese Pizza Pepperoni Pizza Spaghetti with Meat Sauce Caesar Salad Cheesy Cauliflower Assorted Fruit Garlic Breadsticks Chocolate Chip Cookie
			15	16
12 Bosco Sticks with Marinara Sauce Hamburger/Cheese Baby Carrots Assorted Fruit Baked Beans French Fries	13 Chicken Fajita Taco Meat Black Beans Lettuce, Tomato and Cheese Mexican Corn Assorted Fruit Whole Wheat Flour Tortillas Salsa	14 Baked Chicken Chicken Smackers Green Beans Mashed Potatoes Assorted Fruit Whole Wheat Roll	Chicken Patty French Toast Sticks Sausage Patty Scrambled Eggs Spinach Salad Baby Carrots & Tomatoes Assorted Fruit Tater Tots Biscuit	Cheese Pizza Fish Nuggets White Beans Turnip Greens Assorted Fruit Hushpuppies Coleslaw
			22	23
19 Bosco Sticks with Marinara Sauce Mini Corn Dog Cheesy Broccoli Emoji Potatoes Assorted Fruit Oatmeal Raisin Cookie	20 Cheese Nachos Chicken Quesadilla Lettuce, Tomato and Cheese Pinto Beans Assorted Fruit Salsa	21 Baked Chicken Chicken Smackers Mashed Potatoes Green Beans Assorted Fruit Whole Wheat Roll	Cheese Omelet Chicken Patty Sausage Patty French Toast Sticks Broccoli Salad Assorted Fruit Tri-Taters Biscuit	Hamburger/Cheese Spinach Salad Lettuce, Tomato and Cheese Assorted Fruit Sweet Potato Fries
			29	30
26 NO SCHOOL TODAY	27 NO SCHOOL TODAY	28 NO SCHOOL TODAY	NO SCHOOL TODAY	NO SCHOOL TODAY

Daily Items: PB&J Sandwich - Turkey Sandwich - Ham Sandwich - Barbecue Sauce - Grape Jelly - Honey Mustard Dressing - Ketchup Heinz - Mayonnaise Duke's - Mustard - Ranch Dressing - Milk Chocolate Fat Free - Milk Strawberry Fat Free - Milk Sweet Acidophilus - MILK, Skim
Price Information Breakfast-Elementary(\$1.50), Breakfast Reduced(\$0.30), Breakfast- Adults(\$2.25), Lunch- Elementary(\$2.60), Lunch- Reduced(\$0.40), Lunch- Employees(\$3.50), Lunch- Adult Visitors(\$4.50), Lunch- Child Visitors(\$2.75), Holiday Meals Visitors(\$5.50), Ice Cream(\$0.75), Milk(\$0.75)

View more: <http://schools.mealviewer.com/school/FranklinElementary>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Breakfast Burrito Blueberry Muffin Ham & Cheese Croissant Assorted Fruit Yogurt Trix Triple Cherry Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice	Assorted Cereal Sausage & Biscuit Waffles Assorted Fruit Yogurt Parfait Toast Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice
5	6	7	8	9
Assorted Cereal Pancakes Omelet & Toast Assorted Fruit Toast Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice	Assorted Cereal French Toast Sticks Sausage & Biscuit Assorted Fruit Oatmeal Toast Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice	Assorted Cereal Breakfast Pizza Pancake & Sausage on a Stick Scrambled Eggs Assorted Fruit Toast Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice	Breakfast Burrito Blueberry Muffin Ham & Cheese Croissant Assorted Fruit Yogurt Trix Triple Cherry Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice	Assorted Cereal Sausage & Biscuit Waffles Assorted Fruit Yogurt Parfait Toast Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice
12	13	14	15	16
Assorted Cereal Pancakes Omelet & Toast Assorted Fruit Toast Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice	Assorted Cereal French Toast Sticks Sausage & Biscuit Assorted Fruit Oatmeal Toast Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice	Assorted Cereal Breakfast Pizza Pancake & Sausage on a Stick Scrambled Eggs Assorted Fruit Toast Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice	Breakfast Burrito Blueberry Muffin Ham & Cheese Croissant Assorted Fruit Yogurt Trix Triple Cherry Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice	Assorted Cereal Sausage & Biscuit Waffles Assorted Fruit Yogurt Parfait Toast Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice
19	20	21	22	23
Assorted Cereal Pancakes Omelet & Toast Assorted Fruit Toast Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice	Assorted Cereal French Toast Sticks Sausage & Biscuit Assorted Fruit Oatmeal Toast Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice	Assorted Cereal Breakfast Pizza Pancake & Sausage on a Stick Scrambled Eggs Assorted Fruit Toast Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice	Ham & Cheese Croissant Breakfast Burrito Blueberry Muffin Assorted Fruit Yogurt Trix Triple Cherry Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice	Assorted Cereal Sausage & Biscuit Waffles Assorted Fruit Yogurt Parfait Toast Milk Sweet Acidophilus Milk Fat Free Orange Juice Apple Juice
26	27	28	29	30
NO SCHOOL TODAY	NO SCHOOL TODAY	NO SCHOOL TODAY	NO SCHOOL TODAY	NO SCHOOL TODAY

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View more: <http://schools.mealviewer.com/school/FranklinElementary>

School: _____
 Team: _____

MARCH 2018

Activity Log

Name: _____ Age: _____ Grade: _____

DUE BY: MONDAY, APRIL 2, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 240 MIN _____ Minutes <input type="checkbox"/> Walk <input type="checkbox"/> Run <input type="checkbox"/> Bike <input type="checkbox"/> Swim <input type="checkbox"/> Cardio <input type="checkbox"/> Strength <input type="checkbox"/> _____	5 300 MIN _____ Minutes <input type="checkbox"/> Walk <input type="checkbox"/> Run <input type="checkbox"/> Bike <input type="checkbox"/> Swim <input type="checkbox"/> Cardio <input type="checkbox"/> Strength <input type="checkbox"/> _____	6 360 MIN _____ Minutes <input type="checkbox"/> Walk <input type="checkbox"/> Run <input type="checkbox"/> Bike <input type="checkbox"/> Swim <input type="checkbox"/> Cardio <input type="checkbox"/> Strength <input type="checkbox"/> _____	7 420 MIN _____ Minutes <input type="checkbox"/> Walk <input type="checkbox"/> Run <input type="checkbox"/> Bike <input type="checkbox"/> Swim <input type="checkbox"/> Cardio <input type="checkbox"/> Strength <input type="checkbox"/> _____	8 480 MIN _____ Minutes <input type="checkbox"/> Walk <input type="checkbox"/> Run <input type="checkbox"/> Bike <input type="checkbox"/> Swim <input type="checkbox"/> Cardio <input type="checkbox"/> Strength <input type="checkbox"/> _____	9 540 MIN _____ Minutes <input type="checkbox"/> Walk <input type="checkbox"/> Run <input type="checkbox"/> Bike <input type="checkbox"/> Swim <input type="checkbox"/> Cardio <input type="checkbox"/> Strength <input type="checkbox"/> _____	10 600 MIN _____ Minutes <input type="checkbox"/> Walk <input type="checkbox"/> Run <input type="checkbox"/> Bike <input type="checkbox"/> Swim <input type="checkbox"/> Cardio <input type="checkbox"/> Strength <input type="checkbox"/> _____
11 660 MIN _____ Minutes <input type="checkbox"/> Walk <input type="checkbox"/> Run <input type="checkbox"/> Bike <input type="checkbox"/> Swim <input type="checkbox"/> Cardio <input type="checkbox"/> Strength <input type="checkbox"/> _____	12 720 MIN _____ Minutes <input type="checkbox"/> Walk <input type="checkbox"/> Run <input type="checkbox"/> Bike <input type="checkbox"/> Swim <input type="checkbox"/> Cardio <input type="checkbox"/> Strength <input type="checkbox"/> _____	13 780 MIN _____ Minutes <input type="checkbox"/> Walk <input type="checkbox"/> Run <input type="checkbox"/> Bike <input type="checkbox"/> Swim <input type="checkbox"/> Cardio <input type="checkbox"/> Strength <input type="checkbox"/> _____	14 840 MIN _____ Minutes <input type="checkbox"/> Walk <input type="checkbox"/> Run <input type="checkbox"/> Bike <input type="checkbox"/> Swim <input type="checkbox"/> Cardio <input type="checkbox"/> Strength <input type="checkbox"/> _____	15 900 MIN _____ Minutes <input type="checkbox"/> Walk <input type="checkbox"/> Run <input type="checkbox"/> Bike <input type="checkbox"/> Swim <input type="checkbox"/> Cardio <input type="checkbox"/> Strength <input type="checkbox"/> _____	16 960 MIN _____ Minutes <input type="checkbox"/> Walk <input type="checkbox"/> Run <input type="checkbox"/> Bike <input type="checkbox"/> Swim <input type="checkbox"/> Cardio <input type="checkbox"/> Strength <input type="checkbox"/> _____	17 1020 MIN _____ Minutes <input type="checkbox"/> Walk <input type="checkbox"/> Run <input type="checkbox"/> Bike <input type="checkbox"/> Swim <input type="checkbox"/> Cardio <input type="checkbox"/> Strength <input type="checkbox"/> _____
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www.williamsoncounty-tn.gov
 Search: Walk Across Williamson

Email: bradley.courtis@tn.gov / breanna.cecil@tn.gov

Fax: 615-790-5967 | Attention: Walk Across Williamson

Students: Fitness logs should be submitted to your schools coordinator after Spring Break.

Community participants can submit their logs by fax, email or online.

1800 Minutes

of physical activity is equivalent to walking the distance across Williamson County

Register for the 5K Trail Run & 1 Mile Fun Run/Walk on **Eventbrite**