



Franklin Elementary School

1501 Figuers Drive
Franklin TN 37064

615-794-1187 phone
615-591-2800 fax

<http://franklinelementary.fssd.org/>

Dr. David Esslinger, Principal
Anne Riley, Assistant Principal

Important Numbers

Front Office 615-794-1187
FES MAC 615-591-2813
Sandra Deal (Nurse) 615-472-3808
Catherine Dumke (Cafeteria) 615-472-3866

Staff Birthdays

September

Jenny Williams - 15

Michelle Pieczura - 16

Miriam Hyman - 24

Bill Kuhn - 28



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Calendar

September

03 - Labor Day Holiday (no school)

07 - FES Grandparent's Lunch

20 - PTO Meeting 8:45am

20 - Chuck E. Cheese Spirit Night 3:30- 9:00pm

Full calendar at:

franklinelementary.fssd.org/event-calendar



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Counselor's Corner

by Andrea Gillette, School Counselor

Happy Friday! I hope you and your family had a nice week. The character word for the month of September is respect which is treating others the way you want to be treated.



The first and second grades came to my class this week, and both grades learned about listening and following directions. Next week, the kindergarten, third, and fourth grade students will come to my class.

The kindergarten students will learn about feelings and listen to the story, Ana and Quentin Go to School. The third grade students will learn about qualities of a good friend and listen to the story, Enemy Pie.

The fourth grade students will learn about Cub Crew, which is a service club for 4th grade students. These students help in the cafeteria during lunch, greet students in the mornings, or read to the kindergarten and first grade students in the mornings. After explaining Cub Crew, the students have the opportunity to apply for one of the jobs. Mrs. Weil and I will be looking through the applications and selecting the students. Mrs. Weil will then train the students on their job. They are always super excited about this, and we are too! There will be two groups of Cub Crew members, one group each semester. After learning about Cub Crew, the students will also learn about showing respect to others.

If you have questions or concerns, please feel free to email me at gilletteand@fssd.org or contact me at 794-1187. I hope you and your family have a terrific weekend!

Grandparents' Lunch

by Nicole Clark, PTO

All grandparents are invited to a delicious lunch on Friday, September 7, during your child's lunchtime. Below is the lunch schedule for Grandparents' Day only.

- K - 11:05 - 11:45
- 1 - 10:45 - 11:25
- 2 - 11:55 - 12:35
- 3 - 12:15 - 12:55
- 4 - 11:30 - 12:10

GRANDPARENTS
fill the world
with LOVE

Box Tops

by Nicole Clark, PTO

Continue collecting those Box Tops!!!! All proceeds go to our annual Spring Fling!



PTO Meeting

by Nicole Clark, PTO

Next PTO meeting is Thursday, September 20, at 8:45am. As always, little ones are welcome to join!

PTO
Meeting

Fun Run

by Nicole Clark, PTO



The annual FES Fun Run is the school's biggest fundraiser involving corporate sponsorships, creative themes, t-shirt order and distribution, and a week of fun in November. **We are looking for 3-5 volunteers to join the Fun Run committee to help make it successful.**

Interested in leading the fundraiser next year? Shadow the current Committee Chair to get an idea of the responsibilities. Contact Nicole Clark at inwesterman@yahoo.com or 901-674-4778, if interested.

Spirit Night

by Nicole Clark, PTO

Join us for our first Spirit Night of the year at Chuck E. Cheese on Thursday, September 20, starting at 3:30!

This fun night provides entertainment, dinner and a great way to mingle with other FES families. Be sure to say you are with FES!



CHUCK E. CHEESE'S

Exciting Art News-Dot Day!!!

by Jennifer Alvarado, Art Teacher

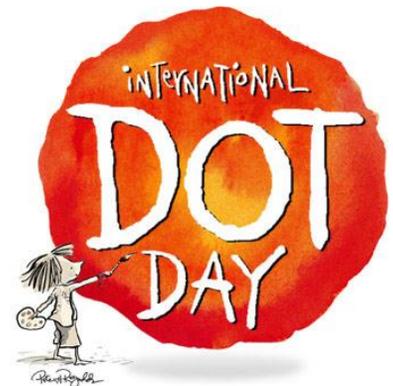
September 14 marks the anniversary of the publication of the best-selling book by author/illustrator Peter H. Reynolds' The Dot, a "story book for all ages". Starting in 2009, a group of educators began celebrating this date as International Dot Day—a day for classes to explore the story's powerful themes: bravery, creativity, and self-expression.

"The Dot more than anything celebrates the power of creative teaching," Reynolds explains. "Despite the test-centric world we live in, creative teachers know how to find those aha moments."

The Dot tells the story of a caring teacher who reaches a reluctant student in a remarkably creative way. In Reynolds' book, the teacher dares a very resistant Vashti to "make her mark". Vashti's breakthrough begins with a simple dot on a piece of paper. Encouraged by her teacher, she sets off on a journey of self-discovery, letting her creativity bloom and, ultimately, inspiring others along the way.

How does Reynolds' recommend celebrating? "Spread the word... On International Dot Day, read The Dot, wear dots, eat dots, draw dots, frame dots, connect the dots, splurge on art supplies, try a new medium—a new instrument, write a poem, rearrange your furniture, reconnect the dots with old friends, make something, or make something with a friend. Share your creativity with the world."

Each grade level has created some really dot-tastic artwork that will be on display. Be sure to dress up in your "dot-iest" outfits you can find! I can't wait to celebrate with all of you on Friday, September 14!



MINDSET INTRODUCTION FOR PARENTS

Your school is teaching students about Mindset. It is important for you to be aware of what it is, why it's important, and how you can support it.

WHAT IS MINDSET AND WHY IS IT IMPORTANT?

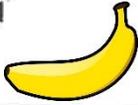
Mindset is a simple idea discovered by world-renowned Stanford University psychologist Carol Dweck in decades of research on achievement and success. Dr. Dweck identified two mindsets people can have: a fixed mindset and a growth mindset. In a fixed mindset, people believe their basic qualities, like intelligence or talent, are fixed traits. They spend their time documenting their intelligence or talent instead of developing them, and believe that talent alone creates success, which is wrong. In a growth mindset, people believe that their most basic abilities can be developed through dedication and hard work. This view creates a love of learning and a resilience that is essential for great accomplishment. Virtually all people who achieved top performance had these qualities. Research shows that people with this view reach higher levels of success than people with fixed mindset beliefs. Teaching a growth mindset creates motivation and productivity in the worlds of business, education, and sports. It enhances relationships, and increases achievement.

HOW CAN YOU SUPPORT A GROWTH MINDSET IN YOUR CHILDREN?

No parent thinks, "I wonder what I can do today to undermine my children, subvert their effort, turn them off learning, and limit their achievement." Of course not. We think, "I would do anything, give anything, to make my children successful." Yet many of the things we do boomerang. Our best intentioned judgments and our motivational techniques often unintentionally send the wrong message. In fact, every word and action sends a message. It tells children – or students or athletes – how to think about themselves. It can be a fixed mindset message that says: "You have permanent traits and I'm judging them," or it can be a growth mindset message that says: "You are a developing person and I am interested in your development." The most important thing you can do to help your child develop a growth mindset is to praise them for effort rather than for talent. Messages like "You learned that so quickly! You're so smart!" teach the child that they either are or aren't smart, and that effort is a sign of weakness. When they encounter difficulty in the future, they tend to then feel not smart and retreat. Instead, messages such as "I like the way you approached that problem", or "Good job to hang in there and find a different strategy that did work," or "Sorry, that seemed to be too easy for you, let's do something more challenging," teaches kids that effort is something we can all benefit from to reach our full potential, and that they need to be working purposefully and taking on challenges in order to grow.

HOW CAN I LEARN MORE?

You can visit the Mindset Works website, www.mindsetworks.com, read Dr. Carol Dweck's book *Mindset*, or visit the Mindset Works Parenting pages at www.mindsetworks.com/parents to learn about ways to infuse the growth mindset into your parenting.

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>School Lunch</p>	<p>4</p> <p>Cheese Omelet Sausage or Chicken Breast Fille Pancakes w/ Syrup or Biscuit Fresh Steamed Broccoli Hash Brown Patty Assorted Fruit Milk</p>	<p>5</p> <p>Cheese or Pepperoni Pizza Mini Corn Dogs Green Peas Rosemary Roasted Potatoes Assorted Fruit Milk</p>	<p>6</p> <p>Bosco Sticks w/ Marinara Spaghetti w/ Meat Sauce Califorina Blend Veggies Romaine Salad Corn Assorted Fruit Milk</p>	<p>7</p> <p>Grandparents' Lunch</p> <p>Baked Chicken Chicken Smackers Green Beans Mashed Potatoes Dinner Roll Assorted Fruit Cookie and Milk</p> 
<p>10</p> <p>Cheese Ravioli Hamburger/Cheeseburger Lettuce, Tomato, Cheese French Fries Corn Steamed Broccoli Assorted Fruit and Milk</p>	<p>11</p> <p>Walking Tacos Cheesy Beef Enchilidas Black Bean & Corn Fiesta Lettuce/Tomatoes/Cheese/Sals Spinach Salad Assorted Fruit Milk</p>	<p>12</p> <p>Baked Chicken Chicken Smackers Green Beans Mashed Potatoes Whole Wheat Roll Assorted Fruit Milk</p>	<p>13</p> <p>Home-style Meatloaf Bosco Sticks w/ Marinara Rice Pilaf Roasted Vegetables Assorted Fruit Milk</p>	<p>14</p> <p>International Dot Day</p> <p>Polka Dot Pizza BBQ Sandwich Baked Beans Peas and Carrot Dots Tater Dots Assorted Fruit Dot Cookie and Milk</p>
<p>17</p> <p>Hamburger/Cheeseburger Sweet & Sour Chicken Egg Roll, Fried Rice Oriental Veggies Lettuce, Tomato, Cheese French Fries Assorted Fruit</p>	<p>18</p> <p>Cheese Omelet French Toast Sticks or Biscuit Sausage or Chicken Breast Fille Baby Carrots & Tomatoes Provence Veggie Blend Assorted Fruit Chocolate Pudding Cup and Mi</p>	<p>19</p> <p>Baked Chicken Chicken Smackers Green Beans Mashed Potatoes Whole Wheat Rol Assorted Fruit Milk</p> 	<p>20</p> <p>Bosco Sticks w/ Marinara Baked Ziti Italian Vegetable Blend Romaine Tossed Salad Assorted Fruit Milk</p>	<p>21</p> <p>Cheese or Pepperoni Pizza Chicken Breast Fillet Sandwich Baby Carrots with Ranch Dip Baked Beans Assorted Fruit Milk</p> 
<p>24</p> <p>Loaded Baked Potato Hamburger/Cheeseburger Lettuce, Tomato, Cheese Cheesy Cauliflower Honey Glazed Carrots Sweet Potato Fries Assorted Fruit and Milk</p>	<p>25</p> <p>Beef Tacos Hard or Soft Shell Black Bean & Corn Fiesta Lettuce/Tomatoes/Cheese/Sals Refried Beans Assorted Fruit Milk</p>	<p>26</p> <p>Baked Chicken Chicken Smackers Green Beans Mashed Potatoes Whole Wheat Roll Assorted Fruit Milk</p>	<p>27</p> <p>Lasagna Bosco Sticks w/ Marinara Caesar Salad Normandy Blend Veggies Assorted Fruit Sugar Cookie Milk</p>	<p>28</p> <p>Fish Nuggets and Hush Puppies Cheese or Pepperoni Pizza Assorted Raw Veggies w/Ranch White Beans and Turnip Greens Assorted Fruit Milk</p>