

Franklin Elementary School

1501 Figuers Drive Franklin TN 37064

615-794-1187 phone 615-591-2800 fax http://franklinelementary.fssd.org/ **Dr. David Esslinger**, Principal **Anne Riley**, Assistant Principal





Important Numbers

Front Office 615-794-1187 FES MAC 615-591-2813 Sandra Deal (Nurse) 615-472-3808 Cafeteria 615-472-3866



Staff Birthdays

November

P. Lafitte – 17 S. Morreale – 24 N. Ashby – 28 C. Davis – 28



Calendar

December

06 - FSSD Evening of Code, FIS, 5-7:30pm

10 - School Board Meeting, FMS, 6:30 – 8pm

13 - PTO Meeting, 8:45am

14 - FMS Holiday Concert, 1pm

19 - Polar Express Play, 10am

20 - K goes to NHC

21 - Winter Sing-A-Long Assembly, 8:30 - 9:30am

21 - Early Dismissal 10:30am

21 - End of 2nd Quarter

24 - Jan. 2 Winter Break



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FranklinElementaryCubs

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Full calendar at:

franklinelementary.fssd.org/event-calendar

New Security Features

The videophone system is now operational. Our office staff will be sure to remind you to sign in and show your valid government-issued photo ID if you plan to leave the office area.







The Book Nook

by Julie Bryant, Librarian

Thank you, thank you, thank you parents, grandparents, friends and students! You made our book fair one of the most successful ones yet! It is fun to see everyone so excited to get new books and journals, and I hope you enjoyed them over the holiday break. Many students came back and told me about their books they read and that is areat to hear.

A HUGE THANK YOU to Lori Jones for being a wonderful partner, helper and decorator. I could not have done this without you. Thank you also to Barbara Anne Corbett, Nicole Clark, Shannon



McWaters, Melinda Mickholtzick, Lindsey Aeverman, Madelon Lehner, Sarah Davis, Mr. Hargrave and to all who helped writing wish lists, being cashiers and packing up the fair. You all were amazing and a great help. Thank you also to those who blessed our school and students with donations.

Thank you also to my Related Arts team for their understanding and help.

Have a wonderful holiday season!

Counselor's Corner

by Andrea Gillette, School Counselor

Happy Friday! I hope you had a great week back at school after the break. We are finishing learning about the character word for November, perseverance.



The character word for the month of December is caring. In the next few weeks, the students will be learning ways to care for each other and show kindness. The kindergarten, third, and fourth grades came to my class this week. The kindergarten students learned ways to calm down when they are angry. The third grade students learned about positive self-talk. The fourth grade students learned how positive thinking influences their ability. Next week, the first and second grades will come to my class. The first grade students will learn about kindness and giving a buildup (kind words) to other people. The second grade students will learn about handling teasing. In the next few weeks, we will focus on ways to treat others with kindness.

Say No to Phones and Yes to Family Time

Please take time to talk with your child each evening instead of playing on your phone. In order for students to be successful, they need quality family time such as conversations during dinner, playing board games or cards, reading together and talking about it, taking a walk outside, etc. Students benefit from this in so many ways. They learn how to communicate with friends and be a friend, how to get



along with other students, how to focus, and how to show kindness to peers. So, let us all put our phones down and focus on our precious children!

Notes from Nurse Deal

by Sandra Deal, School Nurse Is it a cold or is it the flu? That's the million dollar question this time of year! The common cold and the flu are caused by different viruses but can have similar symptoms, which makes it sometimes difficult to tell them apart. In general, the flu is worse and symptoms are more intense.

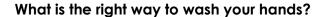


COLDS: Usual symptoms include stuffy or runny nose, sore throat and sneezing. Coughs are hacking and productive. It's unusual to have fever, chills, headaches and body aches, or if present, those symptoms will be mild. Symptoms usually come on gradually.

FLU: Fever is usually present, along with chills, headache and moderate to severe body aches and tiredness. Coughs are dry and unproductive and sore throats are less common. Symptoms come on rapidly, sometimes within three to six hours.

The best defense against both illnesses is good handwashing. Washing hands with soap and water is the best way to reduce the number of germs.

If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.



- 1. **Wet your hands** with clean, running water (warm or cold) and apply soap.
- 2. **Rub your hands** together to make a lather and scrub them well; be sure to scrub the backs of your hands, between your fingers, and under your nails.
- 3. **Continue rubbing** your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.
- 4. Rinse your hands well under running water.
- 5. **Dry your hands** using a clean towel or air dry them.

As always, if you have any questions or concerns don't hesitate to contact me.



Coordinated School Health

by Lisa Chatman, Coordinated School Health

On November 6, when FES students had a day off from school our PE teachers had a day of learning. Mr. Rigsby and Mr. Kuhn attended professional development where they enhanced their skills, and learned new games and activities that we know our students will enjoy.

The leaders of the workshop were:

- Paula Chilton Coordinated School Health State Coordinator
- Heather Piergies PE/Physical Activity Specialist

They both work for the TN Office of Coordinated School Health.

Drive Away Hunger Challenge November 26th – December 14th Benefiting GraceWorks

Please bring any of the following items during Nov. 26th – Dec. 14. The items will be donated to GraceWorks to help families and students.

Individual Sizes

Pudding Cups/Jello Cups

Raisins or Fruit Snacks

Apple Sauce/Fruit Cups

Ramen Noodles

Sweet Snacks

Peanut Butter to Go

Juice Boxes

Crackers with Peanut Butter or Cheese

Salty Snack

Food Pantry Needs

Cereal

Pasta Sauce

Canned Meat

Canned Vegetables

Instant Potatoes

Peanut Butter

Boxed Meals (Hamburger Helper)

FRANKLIN SPECIAL SCHOOL DISTRICT

AN EVENING OF CODE

Have you ever wondered what it means when you hear people talk about coding? Well, we want to BREAK the code and let you in on the fun! Come experiment during a hands-on interactive event with educators from across the district. Families, students and community members of all ages are welcome!

Scratch, Code.org, Microbit, Dash and Dot, Raspberry Pi, Google CS, Makey Makey, Snap Circuits, Brainpop coding, and OSMOs will be highlighted.

DECEMBER 6TH 5:30 - 7:00

Freedom Intermediate School 840 Glass Lane, Franklin, TN 37064

DISTRITO ESCOLAR ESPECIAL DE FRANKLIN

UNA NOCHE PARA CODIFICAR

¿Alguna vez se ha preguntado qué significa cuando escucha a las personas hablar sobre codificar? Bueno, queremos resolver el misterio para que pueda participar en la diversión. Venga a experimentar durante un evento interactivo con educadores de todo el distrito. ¡Familias, estudiantes y miembros de la comunidad de todas las edades son bienvenidos!

Nos enfocaremos en Scratch, Code.org, Microbit, Dash and Dot, Raspberry Pi, Google CS, Makey Makey, Snap Circuits, Brainpop coding, y OSMOs.

6 DE DICIEMBRE 5:30 - 7:00

Escuela Freedom Intermediate 840 Glass Lane, Franklin, TN 37064

3 5 7 6 ENTREE ENTREE ENTREE ENTREE ENTREE Grilled Cheese Pancakes Chicken Smackers Chicken Pot Pie Fish Nuggets Chicken Noodle Soup Cheese Omelet Baked Chicken Bosco Sticks with Marinara Sauce Cheese Pizza Chicken Breast Fillet Hamburger/Cheeseburger Pepperoni Pizza VEGETABLES SALADS Sausage Patty VEGETABLES Mashed Potatoes Spinach Salad VEGETABLES Lettuce. Tomato and Cheese Green Beans Pinto Beans SALADS VEGETABLES Romaine Tossed Salad Baby Carrots Turnip Greens FRUIT Peas and Carrots Assorted Fruit SIDES FRUIT VEGETABLES FRUIT Assorted Fruit Cheesy Broccoli Hushpuppies Assorted Fruit BREAD SIDES Whole Wheat Roll FRUIT Assorted Fruit Tater Tots DESSERTS Chocolate Chip Cookie 10 11 12 13 14 ENTREE ENTREE ENTREE ENTREE ENTREE Chicken Smackers Bosco Sticks with Marinara Sauce Chicken Sandwich Hot Dog Walking Taco Hamburger/Cheeseburger Chicken Brown Rice Bowl Baked Chicken Chicken Quesadilla Cheese Pizza Pepperoni Pizza VEGETABLES VEGETABLES VEGETABLES SALADS Mashed Potatoes Caesar Salad Lettuce, Tomato and Cheese Lettuce. Tomato and Cheese SALADS Broccoli Green Beans Romaine Tossed Salad FRUIT VEGETABLES FRUIT Assorted Fruit FRUIT Italian Vegetable Blend FRUIT Assorted Fruit Assorted Fruit Assorted Fruit SIDES FRUIT Refried Beans BREAD Assorted Fruit SIDES Whole Wheat Roll Tater Tots CONDIMENTS DESSERTS Salsa Sugar Cookies 17 18 19 20 21 ENTREE ENTREE ENTREE ENTREE NO LUNCH French Toast Sticks Chicken Smackers Mini Com Dog Cheese Pizza Hamburger/Cheeseburger Cheese Omelet Baked Chicken Pepperoni Pizza Chicken Breast Fillet VEGETABLES VEGETABLES SALADS Sausage Patty Emoji Potatoes Mashed Potatoes Romaine Tossed Salad Baked Beans Green Beans VEGETABLES VEGETABLES Lettuce. Tomato and Cheese Roasted Potatoes FRUIT Baby Carrots California Blend Veggies Orange Glazed Carrots Assorted Fruit FRUIT FRUIT FRUIT BREAD Assorted Fruit Assorted Fruit Assorted Fruit Whole Wheat Roll SIDES BREAD Tater Tots DESSERTS Biscuit Carnival Cookie